

# CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mannaerts Hans HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 20: 50M BACKSTROKE MEN 15+            |           |  | Heat:2, starttime: 09:27                                         |
|-----------------------------------------------------|-----------|--|------------------------------------------------------------------|
| Heat: 2/13 Lane : 7 Athlete: JANSSEN LANDER         |           |  | Q-time: 00:31:14                                                 |
| PB (50m pool): 00:31.14 SportinGenk Park 06/04/2026 |           |  | PB (25m pool): 00:29.69 SB: 00:31.14 SportinGenk Park 06/04/2026 |
|                                                     | 5 0 M     |  |                                                                  |
| PB                                                  | 00:31.14  |  |                                                                  |
|                                                     | 00:31.14  |  |                                                                  |
|                                                     | . . . . . |  |                                                                  |

Coach feedback:

| Event number: 24: 100M FREESTYLE MEN 15+     |           |           | Heat:9, starttime: 11:07                                  |
|----------------------------------------------|-----------|-----------|-----------------------------------------------------------|
| Heat: 9/22 Lane : 3 Athlete: GERITS TUUR     |           |           | Q-time: 00:57:27                                          |
| PB (50m pool): 00:57.27 Eindhoven 10/05/2026 |           |           | PB (25m pool): 00:56.88 SB: 00:57.27 Eindhoven 10/05/2026 |
|                                              | 5 0 M     | 1 0 0 M   |                                                           |
| PB                                           | 00:28.00  | 00:57.27  |                                                           |
|                                              | 00:28.00  | 00:29.27  |                                                           |
|                                              | . . . . . | . . . . . |                                                           |

Coach feedback:

| Event number: 28: 200M MEDLEY MEN 15+                     |           |           |           | Heat:2, starttime: 12:22                                               |
|-----------------------------------------------------------|-----------|-----------|-----------|------------------------------------------------------------------------|
| Heat: 2/19 Lane : 1 Athlete: JANSSEN LANDER               |           |           |           | Q-time: 02:31:21                                                       |
| PB (50m pool): 02:31.21 Zwembad Brigitte Becue 26/04/2026 |           |           |           | PB (25m pool): 02:27.72 SB: 02:31.21 Zwembad Brigitte Becue 26/04/2026 |
|                                                           | 5 0 M     | 1 0 0 M   | 1 5 0 M   | 2 0 0 M                                                                |
| PB                                                        | 00:33.05  | 01:10.08  | 01:57.04  | 02:31.21                                                               |
|                                                           | 00:33.05  | 00:37.03  | 00:46.96  | 00:34.17                                                               |
|                                                           | . . . . . | . . . . . | . . . . . | . . . . .                                                              |

Coach feedback: